



Adventurers (School Age) Daily Schedule (Full Day)

Schedule	Activity	Focus
6:00 AM - 7:00 AM	Arrival/Welcome	Welcome child and parent/teacher interaction
7:00 AM - 8:00 AM	Breakfast/Morning Activities	Food for energy, greet friends for new day
8:00 AM - 8:30 AM	Centers	Promotes peer cooperation; opportunities to explore interests, abilities and gain support
8:30 AM - 8:45 AM	Clean-Up	Provides sense of responsibility and accountability
8:45 AM - 9:00 AM	Circle Time - Group Discussion	Discuss the weekly topic and question of the day
9:00 AM - 9:45 AM	Group Curriculum Activity	Application of weekly topic; learning activities
9:45 AM - 10:15 AM	Game/Music Movement	Encourages self-expression and physical activity
10:15 AM - 10:45 AM	Literacy: Group or Silent Reading	
10:45 AM - 11:00 AM	Prep for Lunch/Handwashing	Establishing routines; Promotes good hygiene
11:00 AM - 11:30 AM	Lunch	Food for energy; Encourage good table etiquette
11:30 AM - 11:45 AM	Clean-Up Lunch	Provides sense of responsibility and accountability
11:45 AM - 12:30 PM	Group A: Centers; Group B: Outside (vigorous play)	A: Opportunities to explore, cooperate, play B: Strengthen gross motor, develop active habits
12:30 PM - 1:15 PM	Group A: Outside (vigorous play); Group B: Centers	A: Strengthen gross motor, develop active habits B: Opportunities to explore, cooperate, play
1:15 PM - 2:45 PM	Rest Time (movie/quiet reading)	Promotes improved attention, behavior, learning and memory
2:45 PM - 3:00 PM	Handwashing/Snack Prep	Establishing routines; Promotes good hygiene
3:00 PM - 3:30 PM	Snack	Build healthy nutrition habits
3:30 PM - 4:00 PM	Group A: Group Art Project Group B: Curriculum Activity	Promotes peer cooperation; opportunities to explore interests, abilities and gain support
4:00 PM - 4:30 PM	Group A: Curriculum Activity Group B: Group Art Project	Promotes peer cooperation; opportunities to explore interests, abilities and gain support
4:30 PM - 5:15 PM	Group A: Centers; Group B: Outside (vigorous play)	A: Opportunities to explore, cooperate, play B: Strengthen gross motor, develop active habits
5:15 PM - 6:00 PM	Group A: Outside (vigorous play); Group B: Centers	A: Strengthen gross motor, develop active habits B: Opportunities to explore, cooperate, play
6:00 PM - 6:15 PM	Group Storytime	Develop literacy skills; stimulate curiosity
6:15 PM - 6:30 PM	Clean-up/Departure	Goodbyes and parent/teacher interaction

